

Return-to-Work Certification for COVID-19

Employees who have been positively diagnosed with COVID-19 should use the following updated symptom-based guidance to return to normal activity following a confirmed case of COVID-19. Continue isolation at home until:

- At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
- At least 7 days have passed *since symptoms first appeared*.

If the employee is sick with non-COVID-19 symptoms, or if the employee has tested negative for COVID-19, the employee must be *symptom free for 72 hours before returning to the worksite*. If teleworking or working from home, the employee does not have to wait the 72 hours before resuming work duties.

Employee Certification

Test Result (circle one): Positive Negative Not tested

Date of Symptom Onset: ____ / ____ / 2020

Date of Recovery (as defined above): ____ / ____ / 2020

By signing this document, I verify that I have been symptom-free for the appropriate number of days and that the information reported above is correct. Therefore, I can be released from isolation and may resume work-related activities.

Signature

Date